Reading every day can be lots of fun

By WikiHow, adapted by Newsela staff on 01.17.19

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Level **390L**

Setting aside time to read every day can help you develop a habit of reading. Photo by VRN/Getty Images

Reading is a wonderful habit to develop. Set aside time to read every day. Start small. At first, even reading for just a few minutes is good. Reading books that you like will help you stick to your habit. Then you will grow up to be a reader for life.

Read when you do something else you always do. This will make it a habit. Read when you are on the bus. Or read before bedtime. If you can, read at the same time every day. This will trick your brain into thinking of it as "reading time."

Read books you like. Reading can feel like a chore when you do not like a book. It feels like something you have to do, like homework. You feel differently when you love a book. Then you cannot put it down. You just want to keep reading it. When you get a new book, read the first few pages. See if you like it. If you do not, move on to another book!

Take A Book Wherever You Go

Bring a book everywhere. Books can be heavy and big. Still, you do not have to carry them around. You can read books on a smartphone. It is easy to read even waiting in line at the store. If you can't read on a phone, find a small book. Keep it with you!

Find a comfy reading place. A cozy chair might be the perfect spot. Turn on a light so you can see the book clearly.

Make a list of books you want to read. This way, you will never stop reading. You will always know what to read next.

Setting A Goal Will Remind You To Read

Find new books based on ones you enjoyed. You may like others by the same writer.

Visit the library. You can borrow books and read them at home. Bring them back after a few weeks and get more. Do not forget to return them on time!

Make a goal. A goal is something you are trying to do. Your goal might be to read five or 10 books this year. Or maybe you want to read 100. Setting a goal will help remind you to read. Reaching your goal will feel good. It will make reading even more fun.

Quiz

1   What is the MAIN topic of the article?

        (A)   ways to make yourself read more

        (B)   books that are read for homework

        (C)   types of books people like to read

        (D)   spots that are perfect for reading

2   Read the following paragraph from the introduction [paragraphs 1-3].

> *Read books you like. Reading can feel like a chore when you do not like a book. It feels like something you have to do, like homework. You feel differently when you love a book. Then you cannot put it down. You just want to keep reading it. When you get a new book, read the first few pages. See if you like it. If you do not, move on to another book!*

        What is the focus of this paragraph?

        (A)   what makes a book fun to read

        (B)   when you should try reading books

        (C)   how long you should read for each day

        (D)   why you should read books you like

3   Which answer choice is a section title?

        (A)   "Reading every day can be lots of fun"

        (B)   "Setting A Goal Will Remind You To Read"

        (C)   Setting aside time to read every day can help you develop a habit of reading.

        (D)   This will trick your brain into thinking of it as "reading time."

4   What can a reader learn by looking at the article's section titles?

        (A)   places where people read books

        (B)   titles of the most popular books

        (C)   tips for making reading a habit

        (D)   book goals that kids can make